



2025 PRELIMINARY PROGRAM



DALLAS/FORT WORTH • JULY 24–27, 2025

THE NATIONAL

APMA ANNUAL SCIENTIFIC MEETING

www.apma.org/thenational



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Images from previous meetings by Lisa Helfert Photography. All information in this program is current as of February 20, 2025.

JOIN US FOR THE NATIONAL 2025

GENERAL INFORMATION



REGISTRATION DESK SCHEDULE

Wednesday, July 23 · 2:00–6:00 p.m.

Thursday, July 24 · 6:30 a.m.–6:00 p.m.

Friday, July 25 · 6:30 a.m.–6:00 p.m.

Saturday, July 26 · 7:00 a.m.–2:30 p.m.



APMA'S HOST HOTEL

Gaylord Texan Resort & Convention Center | Dallas-Fort Worth

The National will be held at the Gaylord Texan, situated on 125 acres at the southern tip of Lake Grapevine, six minutes from DFW International Airport and centrally located between Dallas and Fort Worth in the heart of Texas wine country.

Make your reservations at APMA's host hotel today!

Visit <https://book.passkey.com/go/APMA2025>.

The deadline to book your room is June 30.



VISIT APMA'S BOOKING SITE

HOUSING ALERT:

You should only use the information provided by APMA for your hotel arrangements. Booking through any other source may result in significant personal inconvenience and financial loss.

OPENING ADDRESS

THURSDAY, JULY 24 • 3:00-4:00 P.M.



KEYNOTE SPEAKER: Dimitri A. Christakis, MD, MPH



The National's opening session, "Keeping Athletes Moving," will shine a light on the work podiatrists do to keep all athletes—regardless of their health and ability status—active and mobile. APMA is

thrilled to welcome Special Olympics Chief Health Officer Dimitri A. Christakis, MD, MPH, as the keynote speaker for this session. In this position, Dr. Christakis is responsible for the health programs for five million athletes with intellectual and developmental disabilities in more than 190 countries and oversees health programming of Special Olympics including prevention, assessment, training, and health system strengthening. He has a holistic view of health that encompasses the physical, mental, emotional, and social state of all of our athletes and their families.

Dr. Christakis is the George Adkins Professor of Pediatrics at the University of Washington and the editor in chief of JAMA Pediatrics. He graduated from Yale University and the University of

Pennsylvania School of Medicine, and he completed a pediatric residency followed by a Robert Wood Johnson Clinical Scholarship at the University of Washington, from which he received his MPH.

SPECIAL GUEST SPEAKER: Coach Lance Harter



The opening session will also include special guest speaker Coach Lance Harter. Harter served as head coach of the University of Arkansas women's cross-country and track and field

programs for 33 years, ending his tenure with the 2022-23 season. In that time, he became the most successful coach in Southeastern Conference history, amassing seven NCAA championships and 45 SEC championships. His athletes combined to earn 47 Academic All-America honors. At the national level, he has been a coach of Team USA five times, including serving as an assistant coach at the 1992 Summer Olympic Games in Barcelona and head coach at the 1999 World Championships.

OVERVIEW: MEDICAL AND SURGICAL TRACKS FOR 2025

The National continues to evolve based on your feedback. This year, we are offering a single track in the morning highlighting our most popular topics, so attendees don't have to choose between two sessions they want to attend. We have also shortened some track times in the afternoon to help prevent fatigue from setting in. Be sure to complete your attendee evaluation after the meeting so The National can continue to adapt to meet your needs.



PRELIMINARY EDUCATIONAL PROGRAM



EDUCATIONAL PROGRAM SCHEDULE

Beginning and ending times for each day's educational program appear below. The schedule for each day includes breaks, which are not identified here.

Thursday, July 24 · 7:30 a.m.–3:00 p.m.

Friday, July 25 · 7:00 a.m.–5:15 p.m.

Saturday, July 26 · 8:00 a.m.–6:00 p.m.

Sunday, July 27 · 7:00 a.m.–12:30 p.m.



THURSDAY, JULY 24

Breakfast Symposium: Surgical Innovation

Plenary Lecture: Health-Care Disparities

Opening Address: Keeping Athletes Moving

- **KEYNOTE SPEAKER:** Dimitri A. Christakis, MD, MPH
- **SPECIAL GUEST SPEAKER:** Coach Lane Harter
- **INTRODUCTION/OPENING COMMENTS:** APMA President Brooke A. Bisbee, DPM

GENERAL SESSION TRACK: APMA Affiliated Organizations Showcase (morning)
Perioperative Surgical Management; Importance of Addressing the "Foot Core"; Prioritizing Safety for the Female Patient and Practitioner; Virtual Scribes
Presented in conjunction with the American Academy of Podiatric Practice Management (AAPPM); American Academy of Podiatric Sports Medicine (AAPSM); American Association for Women Podiatrists (AAWP); and American Society of Podiatric Surgeons (ASPS).

TRACK 1: Wound Care (afternoon)

Epidemiology of Wounds, Infections, Amputations, Dehisced Surgical Wounds, and Re-Infection; Debridement and Offloading; Synthetic, Aquatic, Amniotic, and Cadaveric Tissue to Cover Complex Wounds; Negative-Pressure Wound Therapy; Silver-, Collagen-, and Iodine-Based Dressings

• **TRACK LEADER:** Lawrence A. Lavery, DPM, MPH

TRACK 2: Surgical Panel: MIS versus Open Surgery (afternoon)

Hypermobility and Hallux Valgus: Does It Matter?; Insertional Achilles Tendon Pathology; Lesser Metatarsal Osteotomy; Midfoot and Hindfoot Fusions

• **TRACK LEADER:** Kelsey J. Millonig, DPM, MPH*

► **PLUS!** Non-CECH Lunch and Learns[†]; podPARTY (Non-CECH)

ASPMA Review Courses: Administrative, Clinical, and Radiology 💰

Assistants' Educational Program

How to Make the Office Run Smoothly; Crafting Effective Guidelines for Your Medical Office; Mastering Medical Records Management; Digital Marketing Strategies; Artificial Intelligence; Work-Life Balance with In-Office Wellness Tips
Presented in conjunction with the American Society of Podiatric Medical Assistants.



**"FABULOUS
SPEAKERS WITH
A VARIETY OF
BACKGROUNDS."**

— Attendee,
The National 2024

PRELIMINARY EDUCATIONAL PROGRAM



FRIDAY, JULY 25

Breakfast Symposium: Limb Preservation Panel—The Team Approach

Plenary Lecture: Antibiotic Stewardship

BIOMECHANICS TRACK: The Basics of Deformity Correction (morning)

Identifying Actual Pathology on Gait Assessment; Surgery for Plantar Fasciitis; Pediatric Biomechanical Exam; Deformity Considerations in the Athlete; The Medial Column; The Role of Biomechanics in Understanding Diabetic Foot Ulceration

• **TRACK LEADER:** Jacob Wynes, DPM, MS

EDUCATORS' FORUM: Part 1 (morning)

Logging Dos and Don'ts; How to Get Ready for Your Site Visit; Recruitment: How to Sell Your Program

• **TRACK LEADER:** Ellianne M. Nasser, DPM

TRACK 1: Dermatology Cases from the Wild: Tips, Tricks, and Pearls for You on Monday (early afternoon)

Panel Discussion

• **TRACK LEADER:** Tracey C. Vlahovic, DPM

TRACK 2: Limb Preservation (early afternoon)

Diabetic Foot Ulceration Management; Limb Salvage; Oxygen and Inflammatory Modulation

• **TRACK LEADER:** Alton B. Johnson Jr., DPM*

EDUCATORS' FORUM: Part 2 (early afternoon)

Mental Health/Wellness in Residency Education; Feedback in Residency Education; Resident Didactics: Fresh Ideas and When to Make Time

• **TRACK LEADER:** Ellianne M. Nasser, DPM

TRACK 1: Sports Medicine (mid-afternoon)

Pickleball Injuries; Biomechanics of Golf; Evidence-Based Approach to First MTPJ injuries in Sports Medicine; Panel Discussion on Pediatric Sports Injury Prevention

• **TRACK LEADER:** Alicia A. Canzanese, DPM, ATC (AAPSM)

TRACK 2: Forefoot Surgery (mid-afternoon)

Limits of MIS Surgery; Multiplane Toe Deformity; Non-Metallic Options for Lesser MTP Joint Arthritis; Case Discussion

• **TRACK LEADER:** Michael D. Van Pelt, DPM

Students' and Residents' Program (Non-CECH) (late afternoon)

Topics TBD

► **PLUS!** Non-CECH Lunch and Learns, including the Practice Management Lunch and Learn[†] (*presented in conjunction with the American Academy of Podiatric Practice Management*); Innovation Cafés (Non-CECH)[†]; Young Physicians' Happy Hour (Non-CECH)

ASPMA Certification Examinations: Administrative, Clinical, and Radiology

Assistants' Educational Program: Scheduling; Aligning the Front and Back Office; Managing Patient Expectations; Heel Pressure Injuries; Wound Care Wet Lab; TBD

"GREAT TO SEE US SHOWCASING OUR AFFILIATES."

— Attendee, The National 2024

PRELIMINARY EDUCATIONAL PROGRAM



SATURDAY, JULY 26

Breakfast Symposium: Exercise is Medicine

Poster Abstracts Symposium

Eighth APMA Podiatry School Student Quiz Bowl

SURGICAL BLITZ TRACK (morning)

Managing Bleeding; Surgical Clubfoot Portals; Lesser MTP Instability; Pediatric Flatfoot; CFL Repair with Augmentation; Resection of Retrocalcaneal Exostosis Without Anchors; TBD

• **TRACK LEADER:** Patrick R. Burns, DPM

Special Session: Oral Abstract Presentations (morning)

Expert Panel: How Would I Approach This Complication? (afternoon)

• **TRACK LEADER:** Patrick A. DeHeer, DPM

► **PLUS!** Non-CECH Lunch and Learns[†], including the Young Physicians' Lunch and Learn (Transverse Tibial Bone Transport; Impact of Emotional States on Gait Biomechanics; Nutritional Status in Patients Undergoing Surgery); Innovation Cafés (Non-CECH)[†]; Team APMA 5K Fun Run (Non-CECH) 💰

Assistants' Educational Program: MIPS Update; Compliance; Sterile Technique for In-Office Procedures; Sole Session

DOWNLOAD APMA ENGAGE to stay connected throughout The National with the most up-to-date information and to make the most of your APMA membership year-round! Visit www.apma.org/engage to get started.



SUNDAY, JULY 27

Breakfast Symposium: Practice Management and Artificial Intelligence—Ethical Considerations

Harry B. Goldsmith, DPM, Memorial Coding Seminar: No Such Thing as an Office Visit: E/M Defined; Coding Changes Over the Last Year; Top Five Coding Errors; MIPS—How to Not Lose; Policy Changes Over the Last Year; Questions and Answers



INVITED FACULTY



Hummira Abawi, DPM
Marque A. Allen, DPM
David B. Alper, DPM
Cheryl A. Bailey, PMAC, PRAC,
PAAC
Anil Bhawe, DPT
Michele Bradice, PMAC, PRAC,
PAAC
Tara Brown, PMAC, PRAC, PAAC
Patrick R. Burns, DPM
Alicia A. Canzanese, DPM, ATC
Dominick J. Casciato, DPM*
Thomas J. Chang, DPM
Windy E. Cole, DPM
Patrick A. DeHeer, DPM
Foluso Fakorede, MD
Robert Frimmel, DPM
Rachel E. Gerber, DPM*
Daniel J. Hatch, DPM
Molly Hinshaw, MD
Alton B. Johnson Jr., DPM*
Amanda L. Killeen, DPM*
Arman A. Kirakosian, DPM
Karen A. Langone, DPM

Lawrence A. Lavery, DPM, MPH
Jeffrey D. Lehrman, DPM
Melissa J. Lockwood, DPM
Mark J. Mendeszoon, DPM
Andrew J. Meyr, DPM
Kelsey J. Millonig, DPM, MPH*
Colin M. Mizuo, DPM*
Joshua L. Moore, DPM
Ellianne M. Nasser, DPM
Brennen L. O'Dell, DPM*
Dalon U. Paredes, DPM*
Kristen L. Patterson, DPM
Elizabeth H. Piselli, DPM
Henry Redel, MD
Marlene Reid, DPM
Lee C. Rogers, DPM
Camellia Russell, MBA
Savannah M. Santiago, DPM*
Stephen Schleicher, MD
Andrew J. Schneider, DPM
David M. Schweibish, DPM
Shital R. Sharma, DPM
John S. Steinberg, DPM
Raquel K. Sugino, DPM, MS

Arthur Tarricone, DPM*
Michael D. VanPelt, DPM
Tracey C. Vlahovic, DPM
Phillip E. Ward, DPM
James H. Whelan, DPM
Mitzi L. Williams, DPM
Lauren Wurster, DPM*
Jacob Wynes, DPM, MS

** Young Physician*



**"VERY INFORMATIVE
AND SUCH VALUABLE
INFORMATION I CAN
START TO USE IN
MY PRACTICE ON
MONDAY."**

— Attendee, The National 2024

CONTINUING EDUCATION APPROVAL STATEMENTS

PODIATRIC PHYSICIANS

APMA is approved by the Council on Podiatric Medical Education as a provider of continuing education in podiatric medicine. APMA has approved this activity for a maximum of 25* continuing education contact hours (CECH).

** This number is based on attendance at all general session lectures, breakfast symposia, plenary lectures, and the APMA Poster Abstracts Symposium.*

PODIATRIC MEDICAL ASSISTANTS

APMA is approved by the Commission on Accreditation of Podiatric Medical Assisting Certification as a sponsor of continuing education in podiatric medical assisting. Program participants may earn up to 25 CECH. Only 20 credits are required per year for certification renewal.



EXHIBIT HALL: podEXPO



Thursday, July 24 · 4:00–6:00 p.m., podPARTY
Friday, July 25 · 9:30 a.m.–2:00 p.m.
Saturday, July 26 · 9:30 a.m.–2:30 p.m.

Get ready for podEXPO–APMA's revamped exhibit hall, offering a fresh look and exciting new experiences! Whether you're an avid pickleball player or just looking to try it out, don't miss the custom pickleball court sponsored by Skechers. Plus, podCENTRAL (booth #607) will be buzzing with entertainment, opportunities to connect with

APMA leadership, and much more. You'll also find the APMA booth located conveniently across the aisle (booth #507).

Explore a diverse array of products and services from across the industry, including dermatology, medical equipment, footwear, hosiery, practice management, software, surgical supplies, wound care, pharmaceuticals, and more. Whether you're just starting your career or have years of experience, you'll find valuable solutions for every stage of your journey. Plus, you'll enjoy complimentary lunches (except for industry-sponsored Lunch-and-Learn events) and refreshing breaks.

The new podEXPO will be an exciting hub of activity, with exhibitors, education, and plenty of fun! Be sure to show your appreciation to our exhibitors and sponsors for their continued support.

NOTE: *Products displayed at podEXPO have not been investigated or approved by APMA regarding efficacy or regulatory compliance. Physicians should perform their own due diligence regarding any claims made about products displayed.*



THE MOBILE LAB EXPERIENCE

Located in podEXPO, the lab is a mobile operating room with integrated lab stations that provide visitors a hands-on experience (non-CECH). The mobile lab is set up for a wide variety of surgical specialties, procedures, and situations. Visit the mobile lab to ramp up your surgical skills!



SPECIAL EVENTS



INNOVATION CAFÉS ▼

These popular events are returning in 2025! APMA industry partners are true innovators. Grab a chair and refreshments during the podEXPO scanning breaks on Friday, July 25, and Saturday, July 26, to discover the latest products and services moving the profession forward. Seating and refreshments are offered on a first-come, first-served basis. *These events do not award CECH.*

TEAM APMA 5K FUN RUN ►

Saturday, July 26 • 6:00–7:00 a.m.

www.apma.org/teamapma

Join your friends and colleagues for the 15th Annual Team APMA 5K! Run or walk in support of the APMA Educational Foundation. Kickstart your Saturday morning with energy and excitement as you get your blood flowing for a great cause: supporting podiatric medical students.



**GET MORE INFORMATION
OR REGISTER!**



SPECIAL EVENTS



LUNCH AND LEARNS ▲

Don't miss your opportunity to learn from APMA corporate supporters through our sponsored lunch and learns. APMA's industry partners will present the newest advancements in products and services to expand your knowledge. Information about specific topics, presenters, and sponsors will be available at www.apma.org/thenational in the spring. Space is limited. *These events do not award CECH.*

YOUNG PHYSICIANS' HAPPY HOUR ▼

Friday, July 25 • 6:30–7:30 p.m.

Start your weekend off right at this popular reception. Reconnect with your classmates and network with your colleagues at this exclusive happy hour for young physicians and students. Come alone or with friends—drinks are on us!



2025 ANNUAL SCIENTIFIC MEETING SPONSORS

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Assistants

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In 2024, APMA offered 82.5 CECH to APMA members through The National, internet live activities/webinars, and on-demand courses in the APMA Online Learning Center. Many of these hours were offered exclusively to APMA members at no cost.



APMA members have access to 45.5 CECH of complimentary or discounted on-demand continuing education through the APMA Online Learning Center, plus the most sought-after live events—and members enjoy steep discounts and exclusive content.



With **12,000 members**, APMA is the world's largest professional society for foot and ankle specialists.

APMA members comprise **78% of practicing podiatrists** in the US.



The National 2024 featured one of its most diverse faculties ever.
Of the 68 faculty members:



18 young physicians (26%) were faculty members, representing the highest percentage of young physician speakers in the history of The National.

18 speakers (26%) from traditionally underrepresented racial or ethnic groups were members of the faculty, representing a larger percentage of the faculty than in years past.



30 women (44%) were faculty members.

91% of participants **rated the lectures** at The National 2024 as **excellent or great**.



The faculty also included speakers approaching the end of their career, speakers in the prime of their career, speakers who practice in various locations (urban, suburban, rural), and practice settings (solo, group, multi-specialty, hospitals, academia, etc.), as they all bring **valuable and diverse perspectives to this well-rounded educational program**.



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SEE Y'ALL AT THE NATIONAL

For more information and to register, visit www.apma.org/thenational.